

# PSY PSYCHOLOGY

	Hr/Wk		Sem
	Lect/	Clin	
	Disc	Lab	Cr
<b>Courses</b>			
<b>PSY.100 Freshman Orientation</b>	1		1
<p>This course is designed to aid the new student in adapting to the college environment by explaining policies and procedures regarding registration, dropping and adding of classes, and counseling services.                      Offered: As Needed                      Applicable toward graduation at Sandburg where program structure permits:                      Degree or Certificate: AA, AS, AAS, AGS, and Certificates where applicable (1.1).                      General Education -- Not Applicable Elective Only</p>			
<b>PSY.101 Introduction to Psychology</b>	3		3
<p>This course is designed to provide an understanding of a variety of topics within the field of psychology. It is not only designed for students planning on majoring in psychology, but for those who have an interest in the scientific basis of behavior, thought, and the physiological processes that underlie each.                      Offered: Fall or Spring or Summer                      Prerequisites: ENG.097 with a grade of C or better or placement into ENG.101 or Consent of Instructor                      Applicable toward graduation at Sandburg where program structure permits:                      Degree or Certificate: AA, AS, AFA, AAS, AGS, and Certificates where applicable (1.1). <i>IAI Course No. S6 900</i>                      General Education -- Social Science</p>			
<b>PSY.107 Positive Psychology</b>	3		3
<p>Positive Psychology will encourage students to develop their potentials through research-based applications found in the areas of resiliency, adjustment, and positive emotions. This course will provide insights into strength-based behaviors by examining biological, psychological and sociocultural origins.                      Offered: Fall or Spring                      Applicable toward graduation at Sandburg where program structure permits: AA, AS, AAS AGS and Certificates where applicable (1.1).                      General Education -- Not Applicable Elective Only</p>			

**PSY.152 Career and Life Planning** 1 1

This course is designed to assist the undecided student with the process of making a well-informed and insightful career decision. Personality assessments, interest inventories and values assessments will be administered to generate insightful career options and to assist students as they clarify and coordinate their career and personal goals. Common decision making obstacles will also be explored. In addition, guided occupational research, individualized career counseling sessions and academic-planning activities will be utilized to enable students to produce tangible career and academic plans upon completion of the course.  
 Offered: Fall or Spring or Summer  
 Applicable toward graduation at Sandburg where program structure permits: Degree or Certificate: AA, AS, AAS and AGS (1.1).  
 General Education -- Not Applicable

**PSY.202 Psychology of Personality** 3 3

This course offers a study of the major problems, concepts and formulations of personality. It will include development and structure of personality, including such topics as adjustment, social adequacy, work environments, aggression, prejudice and other behaviors.  
 Offered: As Needed  
 Prerequisites: The appropriate placement exam score, or take ENG.097 with a grade of C or better or consent of instructor.  
 Applicable toward graduation at Sandburg where program structure permits:  
 Degree or Certificate: AA, AS, AAS, AGS, and Certificates where applicable (1.1).  
 General Education -- Not Applicable Elective Only

**PSY.204 Social Psychology** 3 3

Social Psychology is the scientific study of the way in which people's thoughts, feelings, and behaviors are influenced by the real or imagined presence of other people. This course will be composed of four sections: (1) Introduction to Social Psychology and Social Psychological Methods, (2) Understanding Ourselves, (3) Social Influence, and (4) Social Interaction. This course is of value to students who have an interest in the mutual influence of groups on the individual and of the individual on groups.  
 Offered: Fall or Spring  
 Prerequisites: The appropriate placement exam score, or ENG.097 with a grade of C or better, or an ACT Reading score of 20 or higher.  
 Applicable toward graduation at Sandburg where program structure permits:  
 Degree or Certificate: AA, AS, AFA, AAS, AGS, and Certificates where applicable (1.1). *IAI Course No. S8 900*  
 General Education -- Social Science Human Relations

**PSY.205 Human Sexuality** 3 3

This course is designed to provide the student with knowledge about the psychological, sociological and biological aspects of human sexuality; understand varieties of sexual expression and provide a cognitive base on which to make sexual decisions.

Offered: As Needed

Prerequisites: The appropriate placement exam score, or ENG.097 with a grade of C or better, or an ACT Reading score of 20 or higher.

Applicable toward graduation at Sandburg where program structure permits:

Degree or Certificate: AA, AS, AAS, AGS, and Certificates where applicable (1.1).

General Education -- Not Applicable Elective Only

**PSY.206 The Social Psychology of Aging** 3 3

This course provides an introduction to the field of social gerontology. The course deals with the adult life cycle from the sociological and psychological perspective with special emphasis on the later stages of adulthood. Special topics on aging include theoretical approaches to social aging, the biological and psychological aspects of aging, work, retirement and leisure, institutionalization, and death and dying.

Offered: As Needed

Prerequisites: The appropriate placement exam score, or ENG.097 with a minimum grade of C, or an ACT Reading score of 20 or higher.

Applicable toward graduation at Sandburg where program structure permits:

Degree or Certificate: AA, AS, AFA, AAS, AGS, and Certificates where applicable (1.1). *IAI Course No. S6 905*

General Education -- Social Science

**PSY.221 Child Psychology** 3 3

This course is a study of human development from conception through adolescence. It consists of research methods, data, and developmental theories in and between all major areas of development including biological, social, emotional, and cognitive. This course is useful to students who will interact with children and/or adolescents in professional and personal settings. It is appropriate for parents as well as persons in educational, behavioral, and social sciences.

Offered: As Needed

Prerequisites: The appropriate placement exam score, or ENG.097 with a grade of C or better, or an ACT Reading score of 20 or higher.

Applicable toward graduation at Sandburg where program structure permits:

Degree or Certificate - AA, AS, AFA, AAS, AGS, and Certificates where applicable (1.1). *IAI Course No. S6 903*

General Education -- Not Applicable Elective Only

**PSY.265 Developmental Psychology** 3 3

This course is a study of the development of human beings over the entire lifespan. It begins with an overview of developmental theories and then traces the individual from conception through infancy, childhood, adolescence, adulthood, aging, and death.

Offered: As Needed

Prerequisites: The appropriate placement exam score, or ENG.097 with a grade of C or better, or an ACT Reading score of 20 or higher.

Applicable toward graduation at Sandburg where program structure permits:

Degree or Certificate: AA, AS, AFA, AAS, AGS, and Certificates where applicable (1.1). *IAI Course No. S6 902*

General Education -- Social Science

**PSY.294 Abnormal Psychology** 3 3

Abnormal Psychology will introduce students to behavioral disorders and research methods used in the field. This course will provide insight into abnormal behavior by examining biological, psychosocial, and sociocultural origins. Students will also learn about assessment, categorization, and treatment options for disorders, in addition to preventative measures.

Offered: Fall or Spring or Summer

Prerequisites: Take PSY.101

Applicable toward graduation at Sandburg where program structure permits:

Degree or Certificate: AA, AS, AAS, AGS and Certificates where applicable (1.1).

General Education -- Not Applicable Elective Only